# **Contemplative Leadership**

One Year Certification Program October 2018 - May 2019

C ontemplative Leadership is a one-year certificate program in spiritual deepening and contemplative leadership. It is ideal for both pastors and others seeking to deepen contemplation in ministry and life. Most participants will have previously found contemplative practices transformative in their personal life and desire to grow in creating and equipping contemplative groups in their communities.

### Is CL Right for You?

- Do you hunger for ways to go deeper in your spiritual life?
- In your prayer life are you feeling drawn to fewer words?
- Do you feel invited to accompany and lead others in the practice of prayer?
- Would you like to find ways to integrate your leadership more deeply with your spiritual life?
- Do you cherish the energy that stirs when people gather together in prayer or meditation?

### The Intent of CL is three-fold:

- Deepening contemplative living (personal transformation)
- 2 Growing contemplative leaders (leadership formation/transformation)

Equipping teachers of contemplation (leading groups in contemplation)

## Understanding that the contemplative way is to infuse life with an awareness of God, this

program is for persons seeking to enhance this awareness through classical disciplines and other creative practices while also learning how to lead others into the contemplative life 'back home'. These emphases of personal spiritual formation, transforming as a contemplative leader and hands-on group leadership training will permeate the program. There will be presentations on a variety of practices, reflection on contemplation and leadership, along with much experiential learning. This will be coupled with opportunities in a peer group to learn the means of developing methods, enhancing skills, building confidence, and receiving feedback for leading contemplative programs in one's own community.



## What Can You Expect?

Participants of Contemplative Leadership will be asked to:

- Engage in a regular prayer practice which nourishes awareness of the sacred
- Be open to expanding beyond already familiar spiritual practices
- Complete the assigned readings and write two brief papers
- Bring an openness and collegiality to peer group experience
- As feedback and evaluation is part of the growth process, come open to both giving and receiving feedback.
- Plan and lead a contemplative group, retreat, or series of quiet days in your home community
- (minimum 6-8 contact hours) or another project which integrates the contemplative into your place of leadership. Share your experience in a presentation at the closing retreat.

#### **Gatherings Include:**

- Presentations by leadership
- Contemplative practices
- Dialogue among participants
- Readings and reflection
- Space for personal retreat & solitude
- Peer Group experiences
- Prayer & Worship experiences

<u>Themes explored through the Contemplative</u> Leadership Program:

- 1. Stillness & Silence
- 2. Movement
- 3. Inward Attentiveness
- 4. Daily Attentiveness
- 5. Compassionate Living
- 6. Listening & Speaking
- 7. Creativity & Playfulness
- 8. Ritual and Rhythms

# **Contemplative Leadership Teachers**



Lead Teacher -Andrew Barton recently retired as Senior Pastor of First Presbyterian Church of Hamilton Square, NJ. He now serves

as pastoral mentor and spiritual guide to seminary students and clergy, and offers spiritual direction and hosts retreats at his home "Green Pastures". Andrew completed the Oasis programs Spiritual Direction for Spiritual Guides and Contemplative Living. He has also completed the Shalem Institute for Spiritual Formation certificate programs, Leading Contemplative Prayer Groups and Retreats led by Tilden Edwards, Gerald May and Rosemary Dougherty.



Lead Teacher - Dale Selover serves as a parish pastor, spiritual director and retreat leader in the Evangelical Lutheran Church in America. Dale is a graduate of

Gettysburg College and the Lutheran Theological Seminary at Gettysburg. Through Oasis Ministries, Dale has completed Spiritual Direction for Spiritual Guides and Contemplative Living.



Adjunct Teacher - Glenn Mitchell, M.Div.(SDSG DYDM CL)., is Director of Oasis Ministries and a teacher with Oasis since 1996. Glenn was trained

in spiritual guidance by the Shalem Institute and Oasis Ministries. He is a lead teacher in Spiritual Direction for Spiritual Guides and offers leadership in other Oasis training programs and single day events. Glenn has a practice of spiritual direction based in State College, Pennsylvania. Glenn has two adult children and is married to Theresa Shay. Glenn loves all things contemplative and in his spare time enjoys watching birds, restoring their 1800's log home and making things from wood.

### **Dates for Contemplative Leadership**

Opening Retreat 10:00 am Wednesday - 2:00 pm Friday 10/17/18 - 10/19/18

Location: Green Pastures 302 Bridle Path Lane, Weatherly, PA 18255 Closing Retreat 10:00 am Thursday - 2:00 pm Friday 5/9/19 - 5/10/19

Location: Green Pastures 302 Bridle Path Lane, Weatherly, PA 18255

#### Monthly Meetings 9:30 am - 4:30 pm

Location: The House Next Door 177 Princeton-Hightstown Road Princeton Junction, NJ 08550

11/8/18 12/13/18 No January Meeting 2/14/19 3/14/19 4/11/19

### **Tuition**

TUITION: \$1950\*, plus an Application Fee of \$200 (non-refundable, not part of tuition). The balance of tuition may be paid in full at any time.

- If the applicatiton is received by May 31, 2018, the participant will receive a discount of \$50 from their tuition.
  - → If the application is received after August 31, 2018, \$50 will be added to their tuition fee.

\*Participants who have previously completed the Oasis Ministries Contemplative Leadership program will receive a discounted tuition rate of \$1560 (normally \$1950).

Payments by check or credit card (MasterCard, Visa and Discover) are welcome. If paying via installments we anticipate the first payment to be \$200 (plus \$50 if application was received after August 31, 2018, minus \$50 if application was received prior to May 31, 2018). The first payment is due upon acceptance into the program (by September) and payments of \$250 monthly October- April. If withdrawing prior to September 1, a full refund of tuition already paid will be returned, less \$50 to cover administrative time and processing.

Tuition remains the same regardless of the number of sessions attended. Oasis rarely cancels due to weather. If a regular program is cancelled due to weather an online meeting may be possible and any missed content will be made available to participants. No refunds for snow days or for sessions a participant needs to miss.

#### **SCHOLARSHIPS**

Some scholarship help is available. Scholarship is granted based upon scholarship receipts and requests. Contact us after seeking assistance from other local sources of funding (like your church or denomination).

To apply to the CL 2018-2019 program, please visit: www.oasismin.org/apply-CL

Or print and complete the last page in this brochure and mail to the Oasis Ministries office at:



For questions or more information, please contact the Oasis Ministries office: Phone: **717-737-8222** Email: **oasismin@oasismin.org** Or visit our website at <u>www.oasismin.org/CL</u>



2018 - 2019 Program Year

#### <u>Name</u>

First Name	Last Name	Email		
<u>Address</u>				
Street Address	Street Address Line 2			
City	State	Zip Code	Country	
<b>Phone Numbers</b>		]	Religious Affiliation	
( ) -	( ) -			
Home Phone	Cell Phone			

What draws you to participcate in this program at this time in your life?

Share any spiritual practices that are currently giving you life. Also, name any specific practices you enjoy sharing with others.

Do you have any previous experience in any spiritual formation programs? (none is nevessary, but helpful for leaders to know)

Describe your current context of leadership and spiritual community/communities.

Include the name, email, address, and phone number of ta person who will support you during this program (for example, spiritual director, pastor, friend, colleague). Ask him/her to write a brief statement about how the Contemplative Leadership program is a good fit for you. Please have him/her send it to Oasis Ministries, 419 Deerfield Road, Camp Hill, PA 17011, or email it to: oasismin@oasismin.org.

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Name	Email	Phone	
Street Address	City	State	Zip Code

The CL Application fee is \$200 (non-refundable, not part of tuition). Please make a check out to *Oasis Ministries* to include with your completed application and mail both to: